

# SUMMER EQUIPPING SERIES

# GOSPEL CENTERED MARRIAGE

Larry Kayser

“A Healthy life-giving relationship is not something that you find. It is something that you make; and you have to keep on making it. Just as importantly, you can also begin remaking it at any stage.

**GARY THOMAS**

- 1. Trust: The core question of marriage. Are you \_\_\_\_\_ for \_\_\_\_\_?**
  - \_\_\_\_\_ trust.
  - \_\_\_\_\_ trust, caring for your spouse’s heart.
- 2. This begins with a willingness to be \_\_\_\_\_ available.**
- 3. Sensitive \_\_\_\_\_.**

“...let every person be quick to hear, slow to speak, slow to anger.”

**JAMES 1:19**

- \_\_\_\_\_ what you are hearing.

“By wisdom a house is built, and by understanding it is established.

**PROVERBS 24:3**

- **Ask \_\_\_\_\_ Questions**

- Can you tell me more?
- What would be most helpful to you right now?
- Do you want me just to listen?
- Are you hoping for some input to solve the issue?
- How did it make you feel when I just said that?

- **Practice \_\_\_\_\_ Listening.**

“...listen to me and be attentive to the words of my mouth.”

**PROVERBS 7:24**

- Practice trying to really understand and restate what you think your partner is trying to say to you.
- Is this what you are saying? Then restate what you think you heard?
- Try to use “I” statements that help identify how you are feeling. “You” statements almost always sound defensive and attacking.

#### 4. Lean Into \_\_\_\_\_.

“Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.”

**COLOSSIANS 3:13-14**

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## BOOKS TO READ:

- ***A LifeLong Love***  
Gary Thomas
  - ***The Meaning of Marriage***  
Tim Keller
  - ***Created for Connection***  
Dr. Sue Johnson; Kenneth Sanderfer
  - ***Safe Haven Marriage***  
Dr. Archibald Hart, Dr. Sharon Hart Morris
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## PODCAST TO TAKE WITH YOU:

- The Fierce Marriage podcast with Ryan & Selena Frederick.
- FamilyLife Podcast network
- The Naked Marriage with Dave & Ashley Willis
- Love and Respect
- Soul Talks With Bill & Kristi Gaultiere